



## **Whole 30 Catering Sample**

### ***Herb-Crusted Chicken Breast***

Juicy, free-range chicken breast coated in a blend of fresh herbs, garlic, and lemon zest, served with a side of roasted garlic aioli.

### ***Grilled Vegetable Platter***

Seasonal vegetables including zucchini, bell peppers, and asparagus, char-grilled to perfection and drizzled with a tangy balsamic reduction.

### ***Zucchini Noodle Pad Thai***

Spiralized zucchini noodles tossed with a rich almond butter sauce, fresh lime, cilantro, and a medley of crunchy vegetables.

### ***Slow-Cooked Beef Short Ribs***

Grass-fed beef short ribs braised in a savory broth with onions, garlic, and rosemary, served alongside roasted sweet potatoes.

### ***Coconut Curry Shrimp Bowl***

Wild-caught shrimp simmered in a creamy coconut curry with baby bok choy, carrots, and snap peas, served over cauliflower rice.